

# **Hospital at Night: the strengths and weaknesses of nurse led response**

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The challenges facing clinical demand out of hours will be explored on the background of the Hospital at Night concept in the UK. Nights and weekends account for over 70% of the hospital week, during which time nursing and medical cover tends to be minimal and junior. Meeting the increasing demands of the sicker patient, acute admissions, and patient deterioration necessitates exemplary teamwork, efficient systems and processes and appropriately managed priorities to keep patients well cared for and safe. This presentation describes a Hospital at Night system in the UK where clinical workload is managed by the Critical Care Outreach team, and the challenges that presents for the clinical teams.